

KDADS Senior Nutrition Programs

KDADS PRESENTATION TO THE HOUSE COMMITTEE ON CHILDREN & SENIORS

Presented by:

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Senior Nutrition Programs

Kansas Population Projections

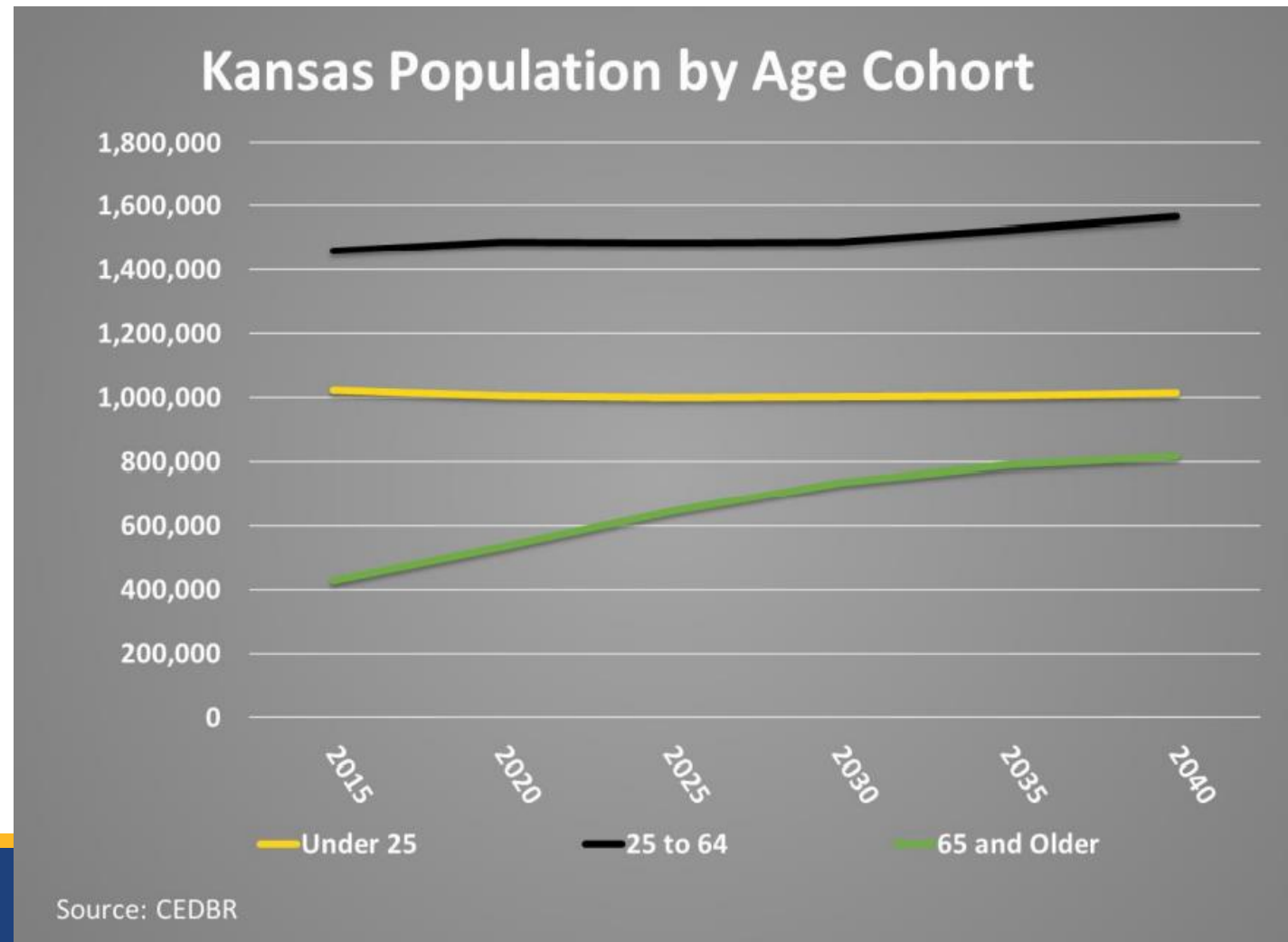
In projections from the Center for Economic Development and Business Research (CEDBR), part of the W. Frank Barton School of Business at Wichita State University, the Kansas population for age 60 and above is forecasted to grow from 598,830 in 2015 to 892,324 by 2030.

	2015	2020	2030
60-64 years	172,420	188,198	154,222
65-69 years	138,103	166,551	174,858
70-74 years	97,165	131,051	173,888
75-79 years	71,512	94,166	155,488
80-84 years	55,005	62,406	114,094
85+ years	64,625	78,811	119,774
Total	598,830	721,183	892,324

Source: CEDBR

Senior Nutrition Programs

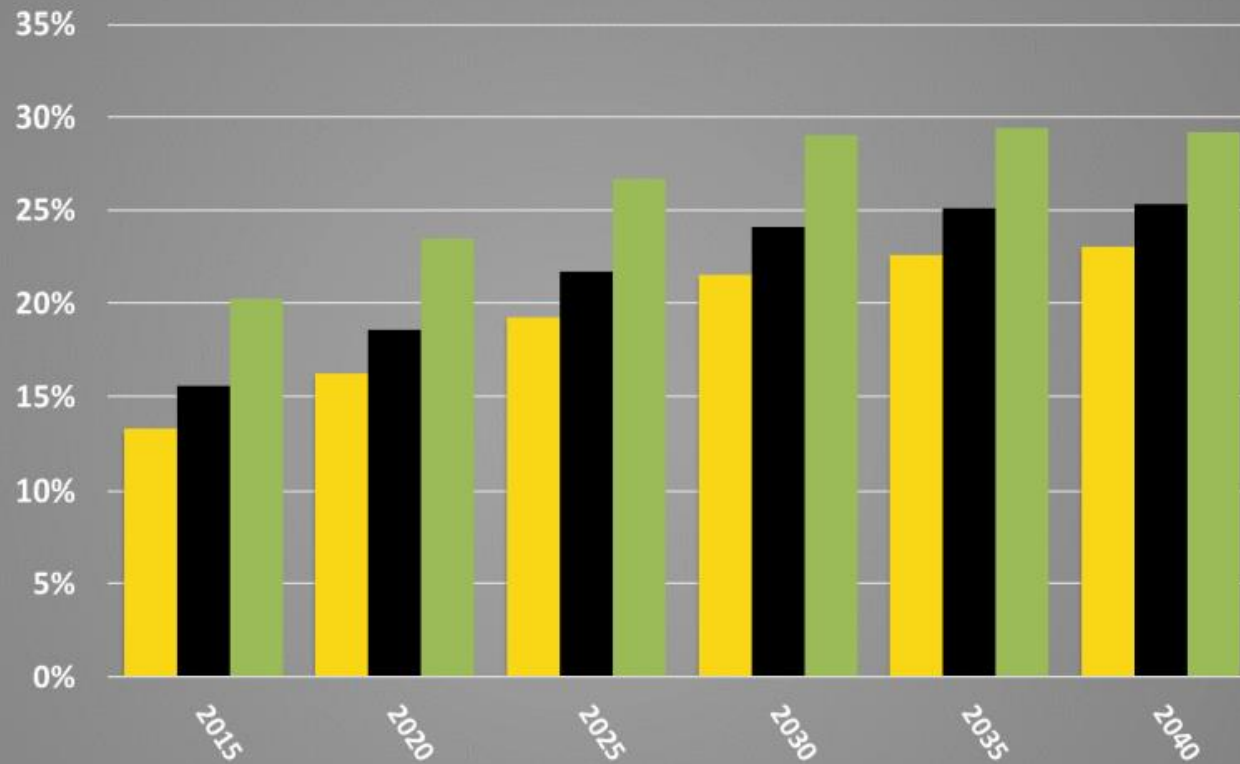
Kansas Population Projections



Senior Nutrition Programs

Kansas Population Projections

65 Years and Older Share by Geography



Source: CEDBR

■ Metropolitan ■ Micropolitan ■ Rural

Senior Nutrition Programs

Older Americans Act (OAA)

Congress passed the Older Americans Act (OAA) in 1965 in response to concern by policymakers about a lack of community social services for older persons and today the OAA is considered to be the major vehicle for the organization and delivery of social and nutrition services to this group and their caregivers.

OAA provides services such as information, legal assistance, caregiver, in-home services, transportation, and **nutrition programs to older individuals**. Services are offered on a free or contribution basis, depending on the service.

Nutrition services play a vital role in maintaining the independence of older Kansans and enabling them to age in place, remaining in their homes and communities even as health and functioning decline.

Senior nutrition programs work to target those of highest economic and social need, and these programs make a positive impact through provision of nutritious meals, socialization opportunities, wellness checks and more. The resilience of the Aging Network was showcased throughout the COVID-19 emergency response, as they had to adapt to providing more shelf stable and frozen meals, as well as “grab and go” meals at congregate sites.

Senior Nutrition Programs

OAA Nutrition Services

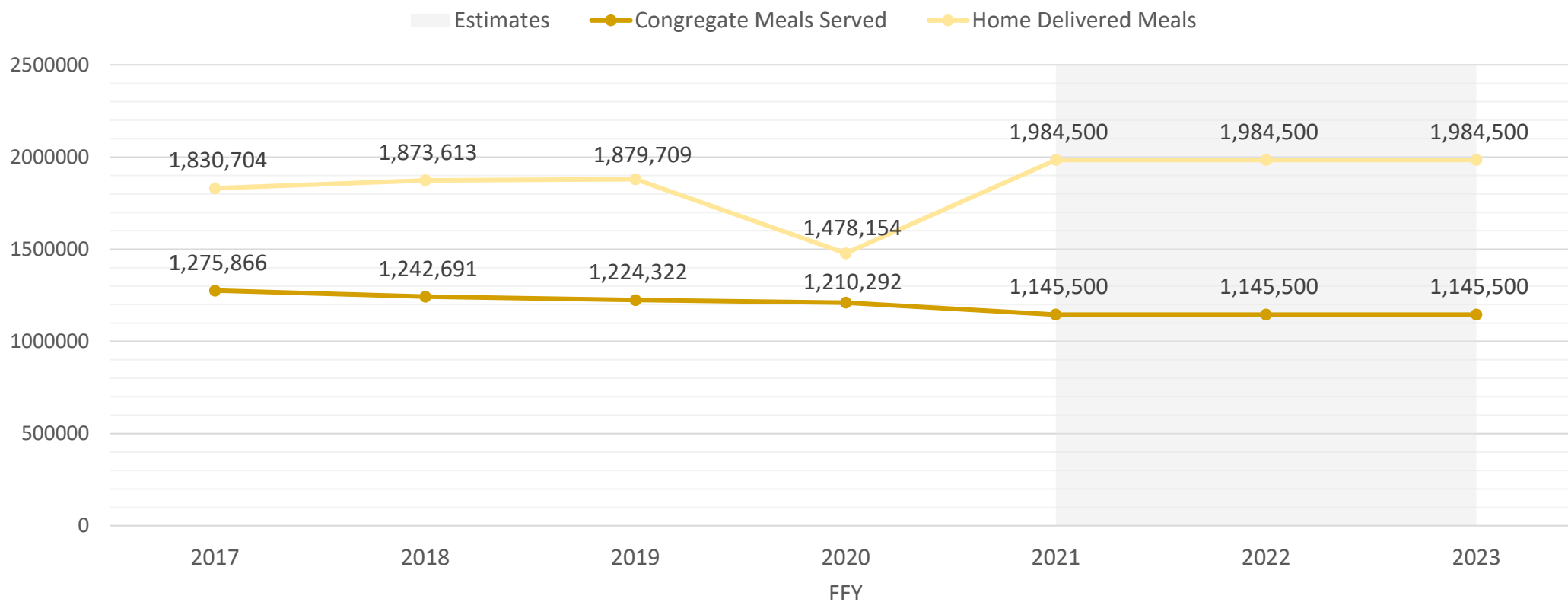
- The Older Americans Act Nutrition Programs in Kansas provide health-promoting meals to eligible older adults in congregate settings, as well as home-delivered meals to eligible individuals who are homebound. The target population of the program is people 60 years of age or older in greatest social and economic need.
- Nationally:
 - 61% of Home-Delivered Nutrition Program participants related that the program meal provides ½ or more of their food for the day.
 - 58% of Home-Delivered Nutrition Program participants are over the age of 75.
 - 55% of Congregate Program participants related that the program meal provides ½ or more of their food for the day.
 - 57% of Congregate Nutrition Program participants are over the age of 75.
 - 88% of Nutrition program participants stated services helped them remain in home

2019 National Survey of OAA Participants

Senior Nutrition Programs

OAA Nutrition Services in Kansas

Congregate and Home Delivered Meals Served



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QUESTIONS?